



GOD

God is Existence and Consciousness

Extract from 4/2/06 Satsang

Om Shri Paramatmane Namaha

There is Truth of our own existence that is always with us. The Truth of our own existence is God because Existence is one and God is Existence - God is Consciousness - God is Bliss. All our efforts are nothing but attempts to experience the Truth of our own existence - the true Existence - the Existence which is despite the body, despite the senses, despite the mind, the intellect and even despite the emotions. Existence is beyond them and also in them. It is for that experience that we pray to God - God outside, God in us, God the eternal energy.

Anyone who denies God cannot be an intelligent or a wise person. The reason why many people deny or doubt God is due to their misunderstanding. Many people think of God as a person but in this they are making a mistake. The fact is that God is the unborn, universal and everlasting energy that exists everywhere. Who can deny it? Even atheists cannot deny it!

Once, an atheist asked me to show him the path. Someone had told him that I had opened my doors to everyone in the whole world - Hindu, Muslim, Christian, atheist - to everybody! I said it did not matter that he did not believe in God. I told him to forget God and just answer the question: "Do you exist? Are you here or not?" He had to agree that he exists because if he had denied it I would have thrown him out!

Then I continued: "The whole problem is that you do not know what you are - you consider yourself just as the body. Your existence which you admit at this time, and the consciousness - the knowledge or awareness of your existence, are they two separate entities or are they one?"

It took some time for him to understand the question. First of all he said that there were two entities. It was on account of his consciousness or awareness that he said that he existed. What else? But he said that even before that moment, there must be such a thing as his existence. I said that this was his idea, and I was asking him an exact fact. That may have been his concept but I wanted to know the fact. He agreed that he has admitted his existence because of his consciousness. If the consciousness or awareness had not existed in him, and he was a dead person, he would not agree. If he was dead and I asked him if he existed, there would be no reply! Why would there be no reply? It is because there would be no consciousness. So it was because of the consciousness that he said that he existed. Finally he agreed that his existence and his consciousness are one and the same.

Existence and consciousness are the same! Different names have been given to them but they are always the same. No one can deny existence because existence is always there. So God is Existence. What is the problem? Existence is energy and energy is Existence. So this universal, eternal energy which is also consciousness, awareness, wisdom, intelligence - is everywhere.

So I asked my atheist friend what his idea was about God was after this explanation. He said it was alright but he did not believe in God in the form that many envisage Him. God

means Existence or energy. I told him: “You do not have to call Him Krishna or Christ, you can forget such names, just think of Him as Existence and Consciousness.”

What I mean to say is that no one can deny the existence of God because nobody can deny Existence and Consciousness.

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